

Rocking Block Quilt

With Bordered Four Square Blocks

Materials

- 1/2 yard dark purple design
- 1/2 yard medium purple design
- 1/2 yard light purple design
- 1 yard dark green design
- 1 yard medium green design
- Backing fabric to size
- Batting to size
- Thread
- 9 1/2" square acrylic ruler
- Basic sewing tools and supplies

SPECIFICATIONS

Quilt Size (no border): 45" x 54"



1

CUT FABRIC

Get your fabric ready.

Iron all fabric.

Cut per instructions.

2

COMPLETE BLOCKS

Assemble blocks.

Border blocks.

Cut blocks.

Combine blocks into rows.

3

FINISHING QUILT

Quilt Sandwich.

Baste.

Quilt.

Bind.

Cutting

DARK PURPLE

- Cut 8” strips
- Sub cut into 8” squares
- 10 - 8” squares - A

MEDIUM PURPLE

- Cut 8” strips
- Sub cut into 8” squares
- 10 - 8” squares - B

LIGHT PURPLE

- Cut 8” strips
- Sub cut into 8” squares
- 10 - 8” squares - C

DARK GREEN

- Cut 60 2 1/2” x 9 1/2” strips - D

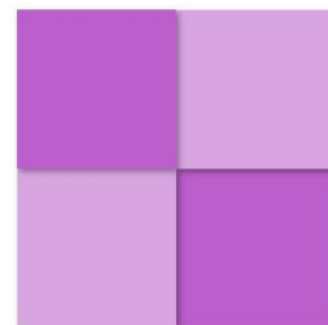
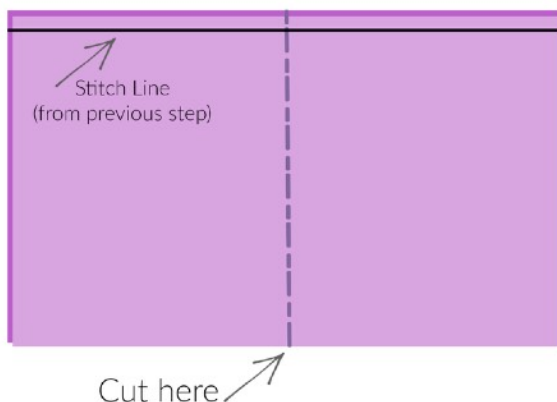
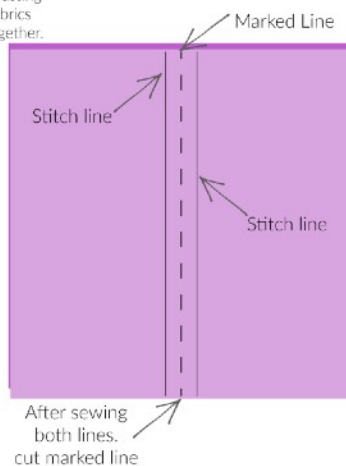
MEDIUM GREEN

- Cut 60 2 1/2” x 9 1/2” strips - E

Assemble Four Square Blocks

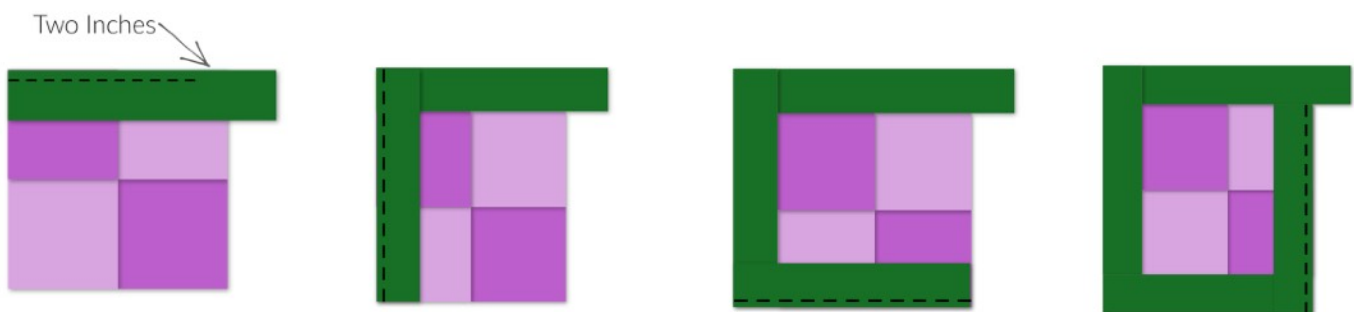
- Using blocks A, B, and C, create contrasting blocks.
 - Example: Pair block A with block C.
- Place right sides together.
- Mark down the middle of the block.
- Sew 1/4” seam along each side of marked line.
- Cut down marked line.
- Cut each new block in half.
- Press seams.
- Place new blocks right sides together with contrasting blocks aligned.
- Pin seams.
- Sew 1/4” seam.
- Press seams.
- Now you have your 4 square blocks.
- Continue until you have created a variety of blocks using all A, B, and C squares.
- You should have 30 4-square blocks.

Layer 2 contrasting
A,B, or C fabrics
right sides together.



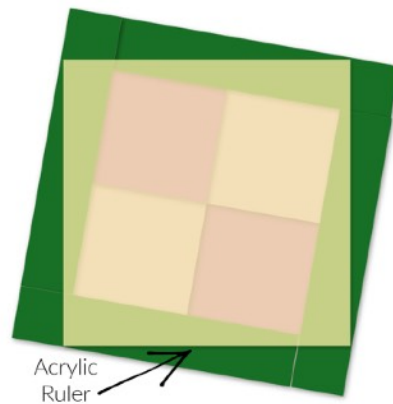
Border The Four Square Blocks

- Select one four square block and four D strips.
- Take one D strip and place it right sides together on the four square block.
- Stitch along the edge, stopping 2” from corner of the four square block. Press.
- Add a second D strip and stitch. Press.
- Continue adding D strips to each side of the four square block.
- You will need to move the first strip out of the way when you add the last D Strip.
- Stitch the unstitched seam on the first D strip to complete one block unit.
- Repeat the above steps until 15 squares are complete.
- Then repeat all steps above using your E strips.
- You should have 15 bordered four square blocks with D strip borders and 15 blocks with E strip borders.

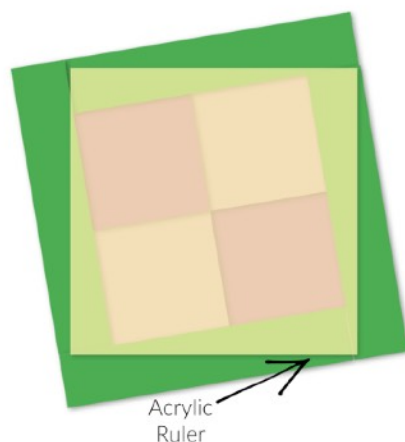


Cut The Four Square Blocks

- Place the 9 1/2" square ruler on the "D" bordered four square block slanting the block to the right. Trim all the way around. Make sure you are only cutting the border rather than the four square block.
- Complete the above step on all of the D bordered blocks.



- With the remaining "E" bordered blocks slant the four square block to the left. Place the 9 1/2"-square ruler on the bordered four square block. Trim all the way around. Make sure you are only cutting the border rather than the four square block.
- Complete the above step on all of the E bordered blocks.

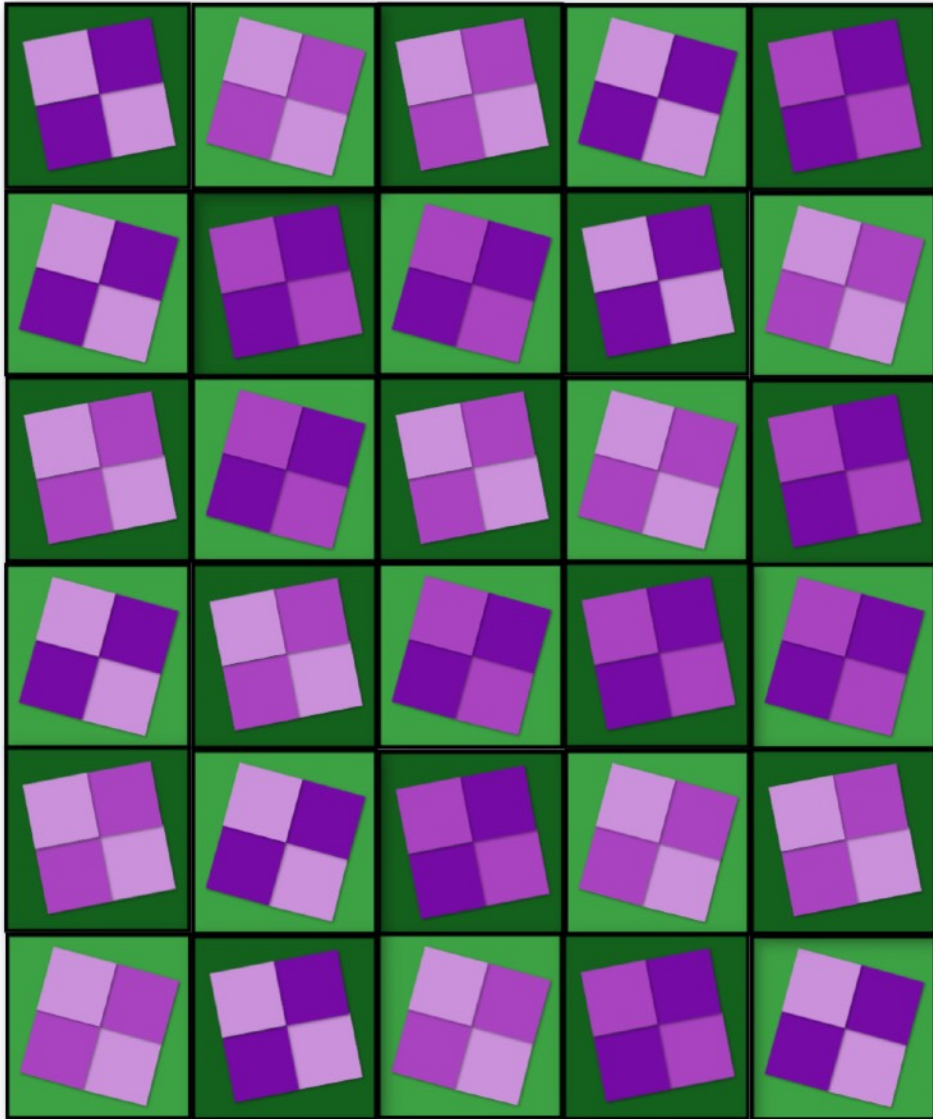


Combine Blocks Into Rows

Complete the quilt top.

- Start with row 1 and sew blocks together with a 1/4" seam.
- Continue sewing row 2 - 6.
- Press all seams.
- Sew all rows together with 1/4" seam.
- Press all seams.

Use the diagram below as a reference.



Finishing The Quilt

- Create a quilt sandwich
- Quilt as desired
- Bind the edges

Notes For Finishing The Quilt

QUILT BACKING AND BATTING

- Cut your backing fabric and batting 8” larger than the finished quilt top.
- If your backing fabric is from standard-width fabric you may need to sew two or three lengths together and press the seams open.
- If you are using 108” wide fabric, trim to size on the straight grain of fabric.
- Prepare the batting to the same size as your backing fabric.

QUILTING

- Make quilt sandwich by layering the backing right side down, batting and quilt top centered right side up on flat surface and smooth out. Pin or spray baste layers together to hold.
- Quilt as desired.
- When quilting is complete, remove pins.
- Trim batting and backing fabric even with the raw edges of the quilt top.

BINDING THE QUILT

- Join the binding strips on short ends.
- Press the seams open.
- Fold the binding strip in half with wrong sides together along the length of the strip.
- Starting about 6” from the end of the binding strip start sewing the binding on to the back of the quilt. Matching the raw edges of the binding to the raw edges of the backing fabric of the quilt.
- Make sure you are using a 1/4” seam.

- Stop stitching 1/4" from corner. Lower needle and raise presser foot. Sew to the corner of the quilt at a 45 degree angle. Snip thread.
- Fold binding up at a 45 degree angle to seam and then down even with the quilt edge. This will form a pleat at the corner.
- Resume stitching from the corner edge. Repeat above steps at all corners.
- Stitch within 6" of starting point.
- Trim binding with overlap for seam allowances... about 1/2".
- Place ends of binding right sides together and sew 1/4" seam.
- Press seam open.
- Complete stitching.
- Fold binding onto quilt top.
- Machine stitch the binding in place if desired. Hand stitching is also an option.
- When you are finished stitching the binding in place you have completed your quilt!

